

COLON & RECTAL ASSOCIATES

POSTOPERATIVE INSTRUCTIONS FOR SACRAL NERVE STIMULATOR PLACEMENT

A Sacral Nerve Stimulator may be placed in two ways

- 1) It may be done in two parts separated by approximately two weeks- Stage I and Stage II
- 2) It may be done with Stage I and II combined if you previously underwent Peripheral Nerve Evaluation(PNE).

If you undergo Stage I alone, there will be a temporary external portion of the device until stage II is complete. Please sponge bath until the Stage II is performed. The dressing on the buttock should be kept in place. It may be reinforced with additional tape if needed.

After Stage II or if both stages are completed simultaneously, you will may have a small dressing over the incisions which can be removed in 48 hours. You may shower after the dressing is removed. Do not immerse in water for at least one week postoperatively.

Avoid excess bending or twisting for two weeks after any of the procedures.

Please call with questions 904-399-0667